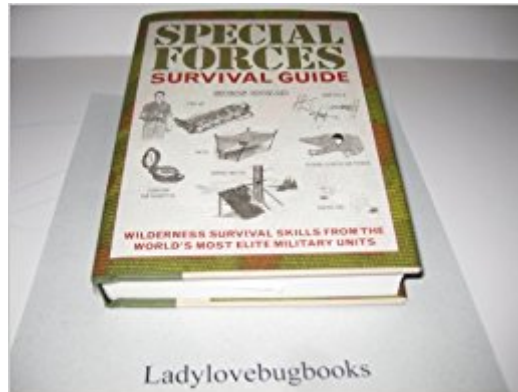




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# Special Forces Survival Guide



## Synopsis

Special Forces units are trained to stay alive in the most difficult conditions. Now their training can be yours. Special Forces Survival Guide gathers the lessons learned by the world's most admired military group into one handy volume. Packed with tips, tricks, and techniques, plus more than 500 illustrations, Special Forces Survival Handbook will show you how to survive harsh terrain, severe weather, and life-threatening situations. You'll learn how to: Avoid Panic and Maintain a Positive Attitude Find Water and Food Build a Shelter Start a Fire Craft Tools and Weapons Defend Against Extreme Climates Travel in Challenging Topography Navigate without a Compass Signal for Help Administer First Aid Whether you're looking for excitement on the trail, or just in the pages of a good book, this guide will satisfy your lust for adventure, and bring you home safely.

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## Customer Reviews

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First off I want to thank the gentleman who took his time and wrote this. Being objective about this book, like many things, it could always use more, like pictures. A lot of things were not covered in detail, but also being a 20+ year vet, I knew what he was taking about, having the opportunity to do several of the items / events in the book real world, just not in a end of society as we know it. So for me, it's hard to rate it. If you have no experience this will help you get a direction and give you plenty things to think about, plan and practice. Overall it's worth having a copy to share with others.

Although the dust jacket was missing the book is entirely acceptable and readable. It is worn and water stained in a few places but I am enjoying it very much. It contains very basic and useful information about first aid, outdoor protection, and emergency situations.

There is a ton of useful information in this book. Bought a second as a gift for a friend!

New info I hadn't seen before.

Excellent book.

I bought it for my grandson and he loves it!

I've read countless books and done a disgusting amount of research into survival tips and skills. While reading is no replacement for practice (which I've found out the hard way over and over), knowledge is still power. This book I feel covers a good breath of topics with actually very good illustrations. There are topics in here that I do disagree with but as everyone knows, information is changing everyday. I didn't expect it to be accurate at everything. That being said, don't take this book as your bible. You should never do that with any topic really. Invest in at least 3 as some go more indepth than others. I honestly felt as I read this book that I wanted more information on most every topic and of course it can't do that, but in a survival situation if you only had this book, you might be left with a lot of 'ok...and then what?' questions. But as a rounding off start, I can't say you shouldn't buy it. As another reviewer said, the black and white plant illustrations are nowhere good enough. I avoided that entire section as the dangers involved in proper plant identification take volumes and volumes information. Still, if you're wondering if this would be a good addition to your library, absolutely.

I liked this book and would have given it five-stars if it had color illustrations. However, it does not include them and I feel that this is a significant deficiency. Black and white drawings are just not sufficient when trying to describe which plants are edible and which are poisonous - likewise for snakes. Otherwise, this is a very good book - one of the best survival guides that I have read. The book contains very good black and white drawings and covers topics in a very clear manner. It contains a minimum of obvious recommendations, such as in a desert "Avoid the midday sun..." and "Do not walk blindly into a desert." In other cases some recommendations such as "Do not eat unmelted snow or ice - it lowers the body temperature, induces dehydration ...", may be obvious to experts may not be for a novice. It also contains what I consider somewhat more advanced information, such as, "Use old sea ice, which is bluish or blackish and shatters easily. This will be free of salt." This is a survival guide that mentions recommendations from Special Forces guides, but is not really such a guide per se. The specific Special Forces information is just included in some highlighted inserts, which supplements the rest of the text, but does not dominate it. What is in the book - The book is divided into 9 sections as follows: 1. Preparation - camping clothing and equipment, and the equipment that should be included in survival gear. 2. Water - water storage, purification, sources and methods to obtain water. 3. Food - edible food, traps, hunting equipment and the construction of improvised gear. 4. Fire - making and sustaining fire. 5. Shelter - different types of shelter for different environments. 6. Camp skills - improvised clothing and tools, basic knots. 7. Extreme climates - survival in extreme cold, mountains, deserts, and in jungles. 8. Signaling and navigation - navigation using a compass, the sun shadow and the stars, body signals and ground signals for signaling aircraft, Morse code. 9. Basic first aid. Given that all of this is covered in a bit more than 300 pages, none of it is covered in exhaustive detail. However, I found more detail than that covered in many other books. Rather than just showing a shelter or fire starting technique in a single figure, there are often several figures and text to explain things. The use of drawing instead of photographs was also very helpful as the drawings emphasized important features and were large and clear enough to be very helpful - likewise for the writing that was very clear and concise. I read the hardback version, but this is one case where I would recommend the paperback as it is easier to carry as part of your gear. This book was a solid four-stars and I would have rated it 5-stars had it included color photographs or drawings of important plants and dangerous snakes.

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